

# ASM

# Medicare

Picow Farm Road Ind Est  
Runcorn, Cheshire.  
WA7 4UG.

Tel: 01928 574301.

Fax: 01928 575130.

e-mail: [sales@asmmedicare.com](mailto:sales@asmmedicare.com)



## Braemar Self Rising Height Adjustable Chair. 01200.

Fig 1.

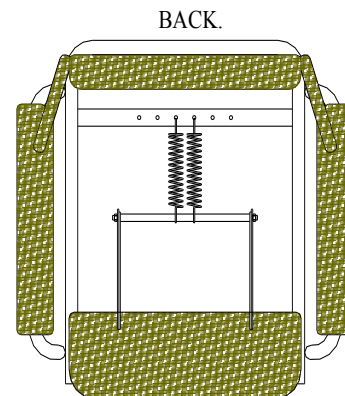
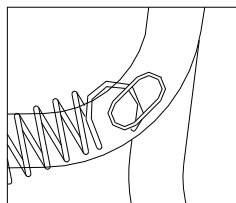


Fig 2.



This ASM Braemar Self Rising Chair has the facility for adjusting the lifting power to accommodate people of varying weight. It has been developed as a sitting / standing aid for elderly or infirm people and is intended to be used as such. Please follow the instructions below very carefully before use or allowing others to do so.

- 1} It is recommended that only two springs are fitted initially. Fit the springs by locating one end of the spring in the centre hole provided in the rear oval cross strut. Fig 1. Always fit the springs working from the centre outwards.
- 2} Then whilst holding the seat in the elevated position, fit the opposite end of the spring over the round tube located under the seat.
- 3} Once the first two springs are fitted, as shown in Fig 2, try the operation of the seat with the person who will use it. If more lifting power is required install another spring & try again. Only fit additional springs one at a time, until the desired lifting action is achieved.
- 4} Ensure that the springs are located completely through the rear cross strut and are inserted from the top. Fig 1.
- 5} The back of the chair is also adjustable, by releasing the wing nuts at the rear of the chair you can slide it up / down until the best lumbar support position is achieved, then re-tighten the wing nuts.
- 6} To adjust the seat height of the chair you must first lay the chair on its side & remove the two top plastic pin clips, then slide the internal legs to the required position and replace the pin clips. Turn the chair over and repeat for the other two legs. You **MUST** ensure that all four legs are adjusted to the same position and that the pin clips are located correctly & securely.
- 7} It is recommended that ALL screws and fixings are periodically checked & re-tightened or replaced if necessary. Clean the chair using a mild proprietary soap / disinfectant and dry with a soft clean cloth. Alternatively, the frame can be washed in a auto washer such as a Turbex or Autoclave system. **NOTE:** The detachable upholstery and fittings **MUST** be removed and cleaned separately as stated above before this type of washing.

### NOTE:

The chair **MUST** be re-adjusted for each individual that uses it.

**DO NOT LAY THE CHAIR ON IT'S BACK, THIS WILL LEAD TO EXCESSIVE STRAIN ON THE ADJUSTMENT SCREWS.**

**MAXIMUM USER WEIGHT: 190kg / 30st.**

ASM Braemar Self Rising  
Adjustable Chair 01200.  
User Instructions.



### IMPORTANT NOTICE

Please read & fully understand before using or allowing others to do so.



June 2009.

Better By Design